

Cornell University
Cooperative Extension
Jefferson County

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4-H Youth Development Project Record Ages 15-19



Use one project record form for each project. If you did more than one project, put the pages in order of your most favorite or most active one first. A project is at least six activities. If you have more, please attach another sheet.

Project Title _____

Activity 1 **Date** _____ **Describe** _____

Activity 2 **Date** _____ **Describe** _____

Activity 3 **Date** _____ **Describe** _____

Activity 4 **Date** _____ **Describe** _____

Activity 5 **Date** _____ **Describe** _____

Activity 6 **Date** _____ **Describe** _____

Summary:

Why did you first choose this project? _____

Will you continue in this project next year and why? _____

What do you think the "cost" of this project was? Think about what resources your club or family provided and any expense records you may have kept. Another "cost" is time, about how many hours do you think you spent? _____

Now that you have the project completed, circle a number, 1-5, with 1 meaning not very much and 5 meaning a great amount.

How happy are you with the results of this project?

1 2 3 4 5

Have you learned new skills or improved any?

1 2 3 4 5

How much would you say you have learned by doing this project?

1 2 3 4 5

By being involved in this 4-H Project Activity, do you feel confident and proud of your accomplishments?

1 2 3 4 5

How much of a role in the area of leadership were you able to participate in this project?

1 2 3 4 5

Life Skills!

HEART <i>(Relating & Caring)</i>	HEAD <i>(Managing & Thinking)</i>	HANDS <i>(Giving & Working)</i>	HEALTH <i>(Living & Being)</i>
<i>Nurturing Relationships Sharing Empathy Concern for Others Accepting Differences Conflict Resolution Social Skills Cooperation Communication</i>	<i>Resiliency Keeping Records Wise Use of Resources Planning/Organizing Goal Setting Service Learning Critical Thinking Problem Solving Decision Making Learning to Learn</i>	<i>Community Service Volunteering Leadership Responsible Citizenship Contributions to Group Effort Marketable Skills Teamwork Self-motivation</i>	<i>Self-esteem Self-responsibility Character Managing Feelings Self-discipline Healthy Lifestyle Choices Stress Management Disease Prevention Personal Safety</i>

The lists above are just examples. You can add your own words for a life skill too!

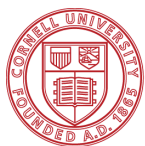
Name at least two skills learned for each category.

HEAD	HEALTH
HEART	HANDS



_____ did complete this project.
(Member's Signature)

_____ Date _____
(Leader/Parent Signature)



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4-H Youth Development Photo Page Ages 15-19



Attach at least one photo page per project. Photography projects may have up to 3 pages of photos. Include a caption for your photo.

